

EXERCISE

FACILITIES

This section includes gyms, fitness centers, and studios.

AVERAGE LEVEL OF CUSTOMER INTERACTION



Work requires limited customer interaction, but could involve higher customer interaction.

EMPLOYEE + CUSTOMER PROTECTION



- Face coverings will be worn by all clients and employees when entering, exiting, moving about the facility or during workout.
- If a customer or employee is sick, he or she should be sent home or to a healthcare facility.



- Each facility is encouraged to establish 6 feet of distance between customers or establish physical barriers between customers and/or employees.
- Stagger/spread equipment to maintain a distance of 6 feet between machines.
- Customers should be barred entrance once the safe social distancing capacity has been reached.
 - Capacities would be determined by square footage of the gym area.
 - 0 – 5,000 square feet: 20 or fewer clients at one time
 - 5,001 – 10,000: 30 or fewer clients at one time
 - 10,001 – 20,000: 40 or fewer clients at one time
 - 20,001 – above: 50 or fewer clients at one time
- All facilities that offer indoor single reservation style classes must be kept to groups of 10 or under with protocols to stagger classes and prohibit gathering. If class space is smaller than 2,500 sqft reduce group sizes to 5 or less. All participants shall maintain a minimum of six (6) feet of distance apart.
- Gyms are encouraged to limit each customer's time in the gym to a maximum of one hour per day, especially if such use is during peak times.



- Additional hand sanitizing stations should be available to patrons and employees.
- Employees should perform regular cleaning and encourage customer assistance with cleaning equipment after each use.
- Bathrooms should be sanitized after use.
- Sanitize any high-traffic areas, such as doorknobs, counters, etc. at least once every two hours.
- Customers and employees should bring their own water or other drinks.
- No towels should be offered by the gym. Customers should bring their own towels.
- Gyms and fitness centers shall limit hours to accommodate for necessary sanitizing measures.



- Limit cash handling.
- Encourage customers to use credit/debit cards, tap to pay, Venmo, PayPal, or another form of contactless payment.
- Sanitize point of sale equipment after each use, including pens.